

ARM WARS "SIN CITY" / DAY 1 / SUNDAY 12TH DECEMBER 2010 LAS VEGAS NEVADA, USA

11.00HRS PRE EVENT STRUCTURE & RULE BRIEFING & SPECIFIC ATHLETE FEATURES 11.00HRS

12.30HRS - INTRODUCTION TO ATHLETES & EVENT FORMAT EXPLAINED BY HOST NEIL PICKUP - 12.30HRS

CLASS & COMMENT	MATCH	COUNTRY	ATHLETE ONE	Vs	ATHLETE TWO	COUNTRY	SCORE	COMMENTS
SPECIAL EVENT FEATURE MATCH								
NEVADA STATE & FORMER U.S. NATIONAL CHAMPION								
Vs. CURRENT U.S. SOUTHERN STATE CHAMPION								
MATCH 1 / SUPER-HEAVYWEIGHT BATTLEGROUND								
REIGNING CANADIAN & FORMER WORLD SUPER HEAVYWEIGHT CHAMPION								
Vs. MULTIPLE U.S. NATIONAL & REIGNING ARM WARS L.H. CHAMPION								
MATCH 2 / SUPER-HEAVYWEIGHT BATTLEGROUND								
REIGNING ARNOLD CLASSIC SUPER HEAVYWEIGHT CHAMPION								
Vs. DEFENDING ARM WARS RH HEAVYWEIGHT WORLD CHAMPION								
MATCH 3 / SUPER-HEAVYWEIGHT BATTLEGROUND								
MULTIPLE NATIONAL & MASTERS SUPER-HEAVYWEIGHT WORLD CHAMPION								
Vs. MULTIPLE NATIONAL WAF WORLD HEAVYWEIGHT CHAMPION								
MATCH 4 / SUPER-HEAVYWEIGHT BATTLEGROUND								
REIGNING U.S. & FORMER WORLD SUPER-HEAVYWEIGHT CHAMPION								
Vs. REIGNING ARM WARS SUPER-HEAVYWEIGHT WORLD CHAMPION								
SPECIAL EVENT FEATURE MATCH								
TOP CANADIAN LIGHT-HEAVYWEIGHT CONTENDER								
Vs. U.S. NATIONAL & ARM WARS SUPERMATCH CHAMPION								
SPECIAL EVENT FEATURE MATCH								
TOP RANKED U.A.L. & U.S. LIGHT MIDDLEWEIGHT CONTENDER Vs.								
MULTIPLE U.S. NATIONAL & WORLD CHAMPION								
MATCH 5 / SUPER HEAVYWEIGHT BATTLEGROUND								
CHAMPION								
CHAMPION								
MATCH 6 / SUPER HEAVYWEIGHT BATTLEGROUND								
CHAMPION								
CHAMPION								
MATCH 7 / SUPER HEAVYWEIGHT BATTLEGROUND								
CHAMPION								
Vs. CHAMPION								
MATCH 8 / SUPER HEAVYWEIGHT BATTLEGROUND								
CHAMPION								
CHAMPION								
SPECIAL EVENT FEATURE MATCH								
CANADIAN NATIONAL CHAMPION								
Vs. CURRENT U.S. NATIONAL CHAMPION & W.A.F. WORLD No. 4								
SPECIAL EVENT FEATURE MATCH								
FORMER U.S. NATIONAL CHAMPION								
Vs. ARM WARS "LEGACY" SUPERMATCH CHAMPION								
MATCH 9 / SUPER HEAVYWEIGHT BATTLEGROUND								
CHAMPION								
Vs. CHAMPION								
MATCH 10 / SUPER HEAVYWEIGHT BATTLEGROUND								
CHAMPION								
Vs. CHAMPION								

POST MATCH ATHLETE FEATURES

19.30HRS CLOSE OF EVENT DAY ONE 19.30HRS

ATHLETE FEATURES GUIDE & POINTERS	TIME	ATHLETE FEATURE	TIME	ATHLETE FEATURE	TIME	ATHLETE FEATURE
We will ask you about your feelings ahead of the match, are you confident, nervous, excited, etc. every specific interview will be conducted as a stand alone match ie. don't think about your progression IF you are in "THE GATHERING" or a "BATTLEGROUND" format. As far as the interviews go quite simply treat EVERY match as if it is the only one that you will pull that day and we will get to the next match before it happens as a stand alone separate feature. Think about your strengths & weaknesses as well as those of your opponent. Think about what you know about the athlete you will face. Think about styles, physicality, strength Vs technique, the clash of styles, you aims & objectives. Come Ready & Good Luck	11.10HRS	RICHARD LUPKES	12.10HRS	RYAN ESPEY	TBC/HRS	GEOFF HALE
	11.20HRS	DEVON LARRATT	12.20HRS	MICHAEL TODD	TBC/HRS	JAKE SMITH
	11.30HRS	TIM BRESNAN	12.30HRS	JOSH WOOD	TBC/HRS	ANDREW RHODES
	11.40HRS	RON BATH	12.35HRS	LENNY LOCKERT	TBC/HRS	LUKE KINDT
	11.50HRS	YOSHI KANAI	12.40HRS	JOHN MILNE	TBC/HRS	ETHAN FRITCHE
	12.00HRS	DON UNDERWOOD	12.45HRS	RYAN CLARK	TBC/HRS	FRODE HAUGLAND